

Aging Services County Fact Sheet

Rutherford County, Region C

	Number, 65+	Percent, 65+
2005	10,405	16.2%
2015	12,901	18.5%
2025	16,203	21.7%

Aging Services Providers [*Key contact for Information & Assistance]

*RUTHERFORD COUNTY DEPARTMENT OF AGING (Congregate Nutrition Meals, Disease Prevention/Health Promotion, Health Screening, Home Delivered Meals, Senior Center Operation, and Transportation) 828-287-6409	RUTHERFORD COUNTY DSS (In-Home Aide Services) 828-287-6165
	ISOTHERMAL PLANNING COMMISSION(Medication Management) 828-287-2281
PISGAH LEGAL SERVICES (Legal Services) 828-253-0406	RUTHERFORD LIFE SERVICE (Adult Day Health) 828-286-4352

[**Note:** Please contact the Area Agency on Aging in your area for information about services under the Family Caregiver Support and Long-Term Care Ombudsmen Programs.]

Lead Planning Agency for the Home and Community Care Block Grant

Isothermal Planning & Development Commission, Area Agency on Aging

Senior Center(s)

Rutherford County Senior Center (opened in 1980)
193 Callahan-Koon Road, Suite 132, Spindale NC 28160-2219
828-287-6409

Adult Day Care (ADC) and Adult Day Health (ADH) Centers

Rutherford LIFECare (ADC and ADH, certified for 9)
859 Thunder Rd, Spindale, NC 28160
828-288-1697